

A/A	SITE	DISTANCE		D		DURATION				PATH	DIRT ROAD	ASPHALT	NOTES
		PARTIAL	TOTAL	+	-	RAPID		SLOW					
1	PERITHORI - PROPHET ELIAS	7.137	7.137	510	132	40	08:40	90	09:30	2.913	3.610	614	STATION
2	HUNTER HUT	6.520	13.657	492		30	09:10	90	11:00	3.220	3.300		STATION 11:00
3	VATHITOPOS	10.353	24.010	95	8 8 6	50	10:00	120	13:00	706	9.157	490	STATION 13:00
4	KIOSK MALIAGA	13.400	37.410	640	365	80	11:20	150	15:30		13.100	300	STAT ION 15:30
5	TOUR OF FORTRESS PERITHORI	9.300	46.710	255	566	55	12:15	90	17:00	2.880	5.820	600	STATION17:00
	TOTAL		46.710	1.992	1.949		04:15		09:00	9.719 20,80%	34.987 74,90%	2.004 4,29%	